

Choosing the right size is super important – our club kit is custom-made to order, which means **no exchanges or refunds** are possible once your order has been placed.

This guide is here to help you feel confident when selecting your size and to reduce the chances of ordering something that doesn't fit.

PLEASE READ BEFORE ORDERING

- All Magnolia kit is **custom manufactured** by Anatomic.
- These garments are made using specialised performance templates and **do NOT fit the same as store-bought clothing.**
- Sizes may feel different to everyday activewear brands.
- If you are between sizes, we strongly recommend **sizing UP rather than down.**

Remember: once ordered, items cannot be exchanged or refunded.

OUR TOP SIZING TIPS

1. Always use the official Anatomic sizing charts for each item (see below).
2. Measure yourself carefully using a tape measure – don't guess.
3. Compare your measurements to the chart, not your usual clothing size.
4. If unsure, size up – tighter items are far less forgiving than slightly looser ones.
5. Ask fellow Magnolia members what size they wear and how it fits.

HOW TO MEASURE YOURSELF

For best results, measure over fitted clothing:



Chest: Around the fullest part of your chest



Waist: Around your natural waist



Hips: Around the widest part of your hips

Stand relaxed and keep the tape snug but not tight.

ITEM SIZING CHARTS

STANDARD VEST



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm

4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm

2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

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ITEM SIZING CHARTS

ELITE VEST



Front



Back

A **ANATOMIC** SIZING CHART

Elite & Biotomic Running vests

These measurements are: the **FINISHED GARMENT** measurements

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

MEN in cm

2X-Small: 78-83
X-Small: 83-87
Small: 87-92
Medium: 92-97
Large: 97-102
X-Large: 102-107
2X-Large: 107-113
3X-Large: 113-117
4X-Large: 117-122
5X-Large: 122-125

Pattern: 22-115

WOMEN in cm

2X-Small: 70-74
X-Small: 74-80
Small: 80-85
Medium: 85-88
Large: 88-91
X-Large: 91-93
2X-Large: 93-97
3X-Large: 97-101
4X-Large: 101-103
5X-Large: 103-106

Pattern: 22-116

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ITEM SIZING CHARTS

CROP TOP



Front



Back

ANATOMIC Ladies Crop Top (slim fit)

BUST	MIDRIFF
X-Small: 74-84	X-Small: 68-74
Small: 78-88	Small: 72-78
Medium: 83-93	Medium: 77-84
Large: 88-98	Large: 82-89
X-Large: 93-103	X-Large: 87-94
2X-Large: 99-109	2X-Large: 92-98
3X-Large: 105-115	3X-Large: 96-105

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ITEM SIZING CHARTS

RACERBACK VEST



Front



Back

ANATOMIC

LADIES SIZING Chart

Racerback Top

These measurements are \pm the **FINISHED GARMENT** measurements
PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

Please take note that this shirt tapers to the waist between the chest and hips. The Racerback Top has a "body hug" fit - if you do not prefer a tight fit we recommend taking one size up



FINISHED GARMENT MEASUREMENT (CM)

SIZE	LADIES
2XS	72
XS	82
S	89
M	98
L	105
XL	112
2XL	121

Pattern: 19-031



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ITEM SIZING CHARTS

MENS RACE SLIMFIT SHIRT



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm

4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm

2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

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ITEM SIZING CHARTS

LADIES RACE SLIMFIT SHIRT (CAP SLEEVE)



Front

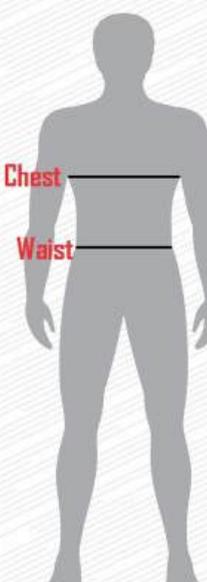
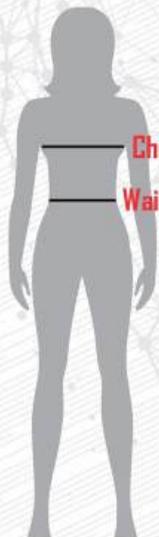


Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm		WOMEN in cm	
 <p>Chest</p> <p>Waist</p>	 <p>Chest</p> <p>Waist</p>		
4X-Small (4): 75-80	2X-Small (6): 80-85	2X-Small (6): 70-74	X-Small (8): 75-80
2X-Small (8): 85-90	X-Small (10): 90-95	Small (12): 80-85	Medium: 85-90
Small (12): 95-100	Medium: 100-105	Large: 91-96	X-Large: 96-101
Large: 105-110	X-Large: 110-115	X-Large: 101-106	3X-Large: 106-112
2X-Large: 115-120	3X-Large: 120-125	4X-Large: 112-117	5X-Large: 117-122
4X-Large: 125-130	5X-Large: 130-135		

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

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ITEM SIZING CHARTS

SLIMFIT LONGSLEEVE SHIRT



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm

4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm

2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

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ITEM SIZING CHARTS

MENS SOCIAL SLIMFIT SHIRT

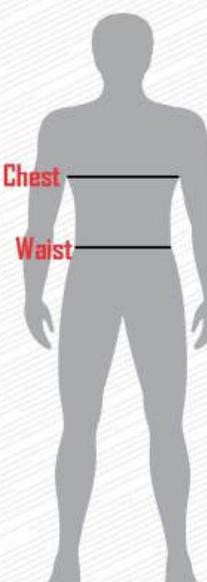


Front



Back

A **ANATOMIC** SIZING CHART



Chest

Waist

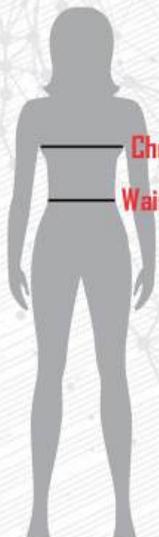
THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm	
4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm	
2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.



Chest

Waist

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ITEM SIZING CHARTS

LADIES SOCIAL SLIMFIT SHIRT (CAP SLEEVE)



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm

4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm

2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

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ITEM SIZING CHARTS

SOCIAL SLIMFIT LONGSLEEVE SHIRT



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

Chest

Waist

MEN & KIDS in cm	
4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

Chest

Waist

WOMEN in cm	
2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

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ITEM SIZING CHARTS

SOCIAL GOLF SHIRT



Front



Back

A **ANATOMIC** SIZING CHART

Chest

Waist

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm	
4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm	
2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

Chest

Waist

Facebook

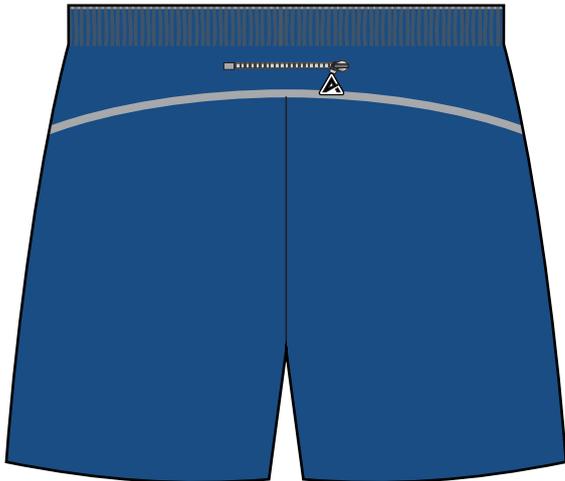
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ITEM SIZING CHARTS

RUNNING SHORTS



Front



Back

ANATOMIC **Running Shorts** Sizing Chart

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS
Mens & Ladies Running Shorts

PLEASE NOTE:
These measurements are of the **INDIVIDUAL**
and **NOT** the finished garment.

MEN/WOMEN in cm
2X-Small: 74-75
X-Small: 75-85
Small: 85-95
Medium: 95-105
Large: 102-112
X-Large: 110-122
2X-Large: 120-132
3X-Large: 130+

PLEASE USE YOUR HIP MEASUREMENT TO DETERMINE SIZING.

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ITEM SIZING CHARTS

ELITE TIGHTS - SHORT



Front



Back

A **ANATOMIC** **Elite Lined Tights Sizing Chart**

These measurements are ± the waist size measurements
PLEASE MOVE UP A SIZE ON THE CURVE IF YOU HAVE ABOVE AVERAGE SIZE QUADS OR BUM

MEN AND WOMEN
2X-Small: 60-68cm
X-Small: 66-74cm
Small: 72-80cm
Medium: 78-86cm
Large: 86-96cm
X-Large: 96-104cm
2X-Large: 104-112cm
3X-Large: 112-120cm

Pattern:

QUICK, ROUGH GUIDE TO SIZING

WOMEN ARE GENERALLY THEIR STANDARD SIZE - GUYS GENERALLY BUY A SIZE BIGGER

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ITEM SIZING CHARTS

ELITE TIGHTS - 3/4



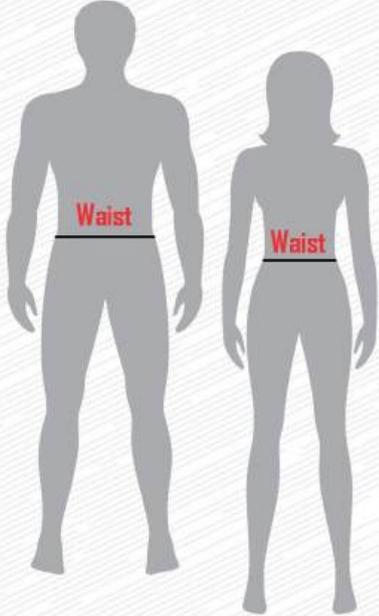
Front



Back

ANATOMIC Elite Lined Tights Sizing Chart

These measurements are \pm the waist size measurements
PLEASE MOVE UP A SIZE ON THE CURVE IF YOU HAVE ABOVE AVERAGE SIZE QUADS OR BUM



MEN AND WOMEN
2X-Small: 60-68cm
X-Small: 66-74cm
Small: 72-80cm
Medium: 78-86cm
Large: 86-96cm
X-Large: 96-104cm
2X-Large: 104-112cm
3X-Large: 112-120cm

Pattern:

QUICK, ROUGH GUIDE TO SIZING
WOMEN ARE GENERALLY THEIR STANDARD SIZE - GUYS GENERALLY BUY A SIZE BIGGER

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ITEM SIZING CHARTS

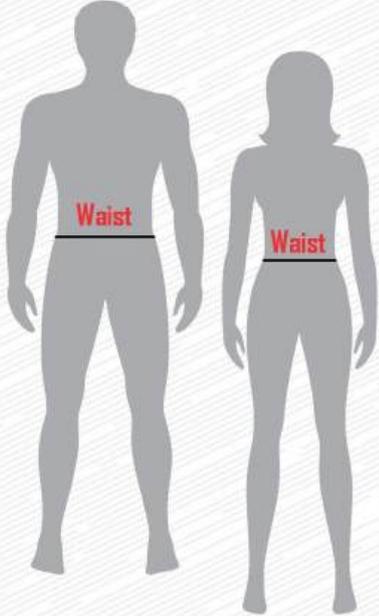
ELITE TIGHTS - FULL





Elite Lined Tights Sizing Chart

These measurements are \pm the waist size measurements
PLEASE MOVE UP A SIZE ON THE CURVE IF YOU HAVE ABOVE AVERAGE SIZE QUADS OR BUM



MEN AND WOMEN
2X-Small: 60-68cm
X-Small: 66-74cm
Small: 72-80cm
Medium: 78-86cm
Large: 86-96cm
X-Large: 96-104cm
2X-Large: 104-112cm
3X-Large: 112-120cm

Pattern:

QUICK, ROUGH GUIDE TO SIZING
WOMEN ARE GENERALLY THEIR STANDARD SIZE - GUYS GENERALLY BUY A SIZE BIGGER

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ITEM SIZING CHARTS

TRACKSUIT JACKET



Front



Back

A **ANATOMIC** SIZING CHART

THIS SIZING CHART IS FOR THE FOLLOWING ITEMS:

- STD/Regular Running Vest
- Spaghetti/Shoestring Running Vest
- Slimfit T-shirt/Running Tees
- Slimfit Golf shirt
- Sports Jacket & Sports Hoodies
- Hooded Sport Shell
- Running Long slv Training Top

MEN & KIDS in cm

4X-Small (4):	75-80
3X-Small (6):	80-85
2X-Small (8):	85-90
X-Small (10):	90-95
Small (12):	95-100
Medium:	100-105
Large:	105-110
X-Large:	110-115
2X-Large:	115-120
3X-Large:	120-125
4X-Large:	125-130
5X-Large:	130-135

WOMEN in cm

2X-Small:	70-74
X-Small:	75-80
Small:	80-85
Medium:	85-90
Large:	91-96
X-Large:	96-101
2X-Large:	101-106
3X-Large:	106-112
4X-Large:	112-117
5X-Large:	117-122

PLEASE USE THE LARGER MEASUREMENT BETWEEN YOUR CHEST AND WAIST TO ASCERTAIN THE CORRECT SIZE FOR YOU.

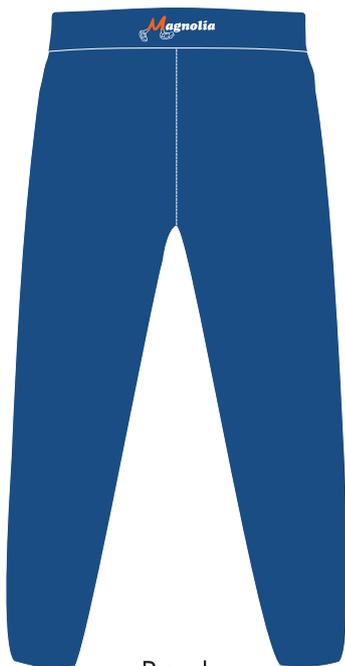
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ITEM SIZING CHARTS

TRACKSUIT SLIMFIT PANTS



Front



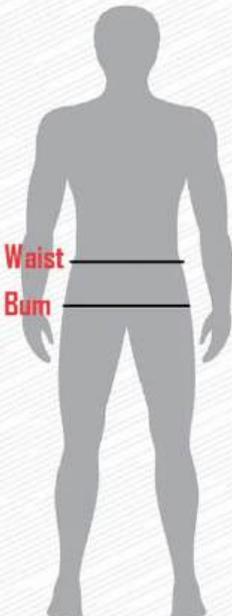
Back



Slimfit Tracksuit Pants Sizing

Slimfit Tracksuit Pants - Mens and Ladies
These measurements are the individuals measurements

TRACKSUIT PANTS MEASUREMENT:
PLEASE SEE THE WAIST AND BUM MEASUREMENTS FOR THE BEST FIT



TRACKSUIT PANTS

Size	Waist	Bum
X-Small	70-76	80-86
Small	76-83	86-93
Med	84-93	94-103
Large	94-100	104-110
X-Large	101-110	111-120
XX-Large	110-120	120-130

Pattern: 23-023

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ANATOMICAL SIZING GUIDE

KIT SWOP OPTION

If you accidentally order the wrong size, Magnolia provides a member-to-member kit swop group where you may be able to buy, sell, or exchange items privately.

Please note: All transactions are between members • The club and committee are not responsible for swops or payments

IMPORTANT REMINDER

By placing a kit order, you acknowledge that:

- **You have checked the sizing charts**
- **You understand items are custom-made**
- **You accept responsibility for your chosen size**

Magnolia Road Runners and its committee facilitate the ordering process but cannot be held liable for incorrect sizing.